

## CIP OVERVIEW

*The Career Intermission Program is a retention based initiative which allows Soldiers to pursue personal goals or professional growth while providing a mechanism for a seamless return to Active Duty.*

*It allows up to 3 years service in the IRR then return without any loss in standing to the active force.*

*The Army wants to retain the valuable investment in Soldiers that would otherwise be lost to permanent separation .*



**TRANSITION ASSISTANCE PROGRAM**  
*Start Strong • Serve Strong • Reintegrate Strong • Remain Strong*



## U.S. Army Career Intermission Program



**CIP LETS YOU COME BACK!**  
*Allowing Service Members to take care of life,  
while retaining their job security in the Army*

## What have Soldiers used the CIP for in the past?

- Pursue a degree
- Start a family
- Care for a family member
- Align deployment cycles for Dual Military Couples
- Learn a skill
- Pursue broadening opportunities
- Religious Reasons
- And more

### WHERE CAN I GET MORE INFORMATION?

[This brochure is not all encompassing](#)

You can find more information below:

<https://talent.army.mil/cip>

<https://www.hrc.army.mil/content/Career%20Intermission%20Program%20-%20CIP>

[https://www.hrc.army.mil/content/Enlisted%20Career%20Intermission%20Program%20\(CIP\)](https://www.hrc.army.mil/content/Enlisted%20Career%20Intermission%20Program%20(CIP))

## IS CIP RIGHT FOR ME?

CIP is not for everyone. If you are considering separating from service for any reason, you should consider talking to a mentor or branch manager about the possibility. Not all applications are approved

## WHO CAN APPLY?

- RA Competitive Category Officers, Warrant Officers, and Enlisted Sergeants to Master Sergeants.
- USAR AGR Officers, Warrant Officers, and Enlisted Soldiers who have completed their 3 year term of active duty

## WHO CAN'T APPLY?

- Officers currently serving in a JDAL position
- Soldiers with an approved separation date or have over 17 years of creditable service for retirement
- Soldiers who have not reached their obligation end date for transferring their Post-9/11 GI Bill education benefits
- Anyone who has failed in selection for promotion, denied continued service, under suspension of favorable action, pending investigation or adverse action, with recorded disciplinary action within 2 years
- Soldiers identified for deployment
- Soldiers on a promotion list, executing a PCS, or centrally selected for schools
- Aviators serving their ADSO

## WHAT DOES IT COST?

- Soldiers will serve two months on active duty for every month spent in the CIP
- Soldiers will receive 2/30ths of their base pay, without any special or incentive pay
- Soldiers may not spend more than three years in the CIP
- Soldiers are not eligible for promotion while they are participating in the CIP
- Time away doesn't count towards retirement, credit time towards USAR total years of service, or count towards the GI Bill

## WHAT ARE THE REQUIREMENTS?

- Soldiers will accept an appointment in the Individual Ready Reserve while participating in CIP
- Soldiers must undergo inactive duty training as required to retain military skills, professional qualifications, and physical fitness

