

CIP OVERVIEW

The Career Intermission Program is a retention based initiative which allows Soldiers to pursue personal goals or professional growth while providing a mechanism for a seamless return to Active Duty.

It allows up to 3 years service in the IRR then return without any loss in standing to the active force.

The Army wants to retain the valuable investment in Soldiers that would otherwise be lost to permanent separation .



TRANSITION ASSISTANCE PROGRAM
Start Strong • Serve Strong • Reintegrate Strong • Remain Strong



U.S. Army Career Intermission Program



CIP LETS YOU COME BACK!
*Allowing Service Members to take care of life,
while retaining their job security in the Army*

What have Soldiers used the CIP for in the past?

- Pursue a degree
- Start a family
- Care for a family member
- Align deployment cycles for Dual Military Couples
- Learn a skill
- Pursue broadening opportunities
- Religious Reasons
- And more

WHERE CAN I GET MORE INFORMATION?

[This brochure is not all encompassing](#)

You can find more information below:

<https://talent.army.mil/cip>

<https://www.hrc.army.mil/content/Career%20Intermission%20Program%20-%20CIP>

[https://www.hrc.army.mil/content/Enlisted%20Career%20Intermission%20Program%20\(CIP\)](https://www.hrc.army.mil/content/Enlisted%20Career%20Intermission%20Program%20(CIP))

IS CIP RIGHT FOR ME?

CIP is not for everyone. If you are considering separating from service for any reason, you should consider talking to a mentor or branch manager about the possibility. Not all applications are approved

WHO CAN APPLY?

- RA Competitive Category Officers, Warrant Officers, and Enlisted Sergeants to Master Sergeants.
- USAR AGR Officers, Warrant Officers, and Enlisted Soldiers who have completed their 3 year term of active duty

WHO CAN'T APPLY?

- Officers currently serving in a JDAL position
- Soldiers with an approved separation date or have over 17 years of creditable service for retirement
- Soldiers who have not reached their obligation end date for transferring their Post-9/11 GI Bill education benefits
- Anyone who has failed in selection for promotion, denied continued service, under suspension of favorable action, pending investigation or adverse action, with recorded disciplinary action within 2 years
- Soldiers identified for deployment
- Soldiers on a promotion list, executing a PCS, or centrally selected for schools
- Aviators serving their ADSO

WHAT DOES IT COST?

- Soldiers will serve two months on active duty for every month spent in the CIP
- Soldiers will receive 2/30ths of their base pay, without any special or incentive pay
- Soldiers may not spend more than three years in the CIP
- Soldiers are not eligible for promotion while they are participating in the CIP
- Time away doesn't count towards retirement, credit time towards USAR total years of service, or count towards the GI Bill

WHAT ARE THE REQUIREMENTS?

- Soldiers will accept an appointment in the Individual Ready Reserve while participating in CIP
- Soldiers must undergo inactive duty training as required to retain military skills, professional qualifications, and physical fitness

